

# Blue Wave Diving Invitational

*A Niagara District Diving League Event*

**January 29, 2012**

**SUNY Geneseo**

Location: Merritt Athletic Center, Alumni Pool

Facility: 2 – 1 Meter Maxiflex Model B Springboards on Durafirm Stands  
1 – 3 Meter Maxiflex Model B Springboard on Durafirm Stand

Meet Director: Shawn Austin

Event fees: \$25

Times: Day (Sunday)

7:30-8:00 am	Diver Registration
8:00-9:00 am	OPEN Warm-up
9:00 am	National Anthem
9:05-10:30 am	Events 1 - 5
10:30-11:00 am	OPEN Warm-up
11:00-12:30 pm	Events 6-10

Pizza & Drinks will be served after awards!!

Divers must be registered with AAU and have in their possession a current AAU card.

Divers will dive in their FINA age group – Age as of December 31, 2012.

Awards will be presented to 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> place finishers.

## **Event schedule:**

Novice and Age Group athletes will compete together but awarded separately.

Event #1	9/under Boys 1 meter	9/under Girls 3 meter
Event #2	10/11 Boys 1 meter	10/11 Girls 3 meter
Event #3	12/13 Boys 1 meter	12/13 Girls 3 meter
Event #4	14/15 Boys 1 meter	14/15 Girls 3 meter
Event #5	16/18 Boys 1 meter	16/18 Girls 3 meter
Event #6	9/under Boys 3 meter	9/under Girls 1 meter
Event #7	10/11 Boys 3 meter	10/11 Girls 1 meter
Event #8	12/13 Boys 3 meter	12/13 Girls 1 meter
Event #9	14/15 Boys 3 meter	14/15 Girls 1 meter
Event #10	16/18 Boys 3 meter	16/18 Girls 1 meter

## **NDDL Meet Rules:**

9 & Under = 4 Dives or Skills

10 & 11 = 4 Dives or Skills

12 & 13 = 5 Dives or Skills

14 & 15 = 5 Dives or Skills

16 & 18 = 6 Dives or Skills

### **Skills Bank**

- 100 A Front Jump Straight

- 100 B Front Jump Pike

- 100 C Front Jump Tuck

- 200 A Back Jump Straight

- 200 B Back Jump Pike

- 200 C Back Jump Tuck

- 5101 Front Jump  $\frac{1}{2}$  Twist

- 5102 Front Jump 1 Twist

- 5104 Front Jump 2 Twist

- 5201 Back Jump  $\frac{1}{2}$  Twist

- 5202 Back Jump 1 Twist

- 5203 Back Jump 1  $\frac{1}{2}$  Twist

- 001 A Forward Standing Entry Straight

- 001 B Forward Entry Pike Standing or seated

- 001 C Forward Entry Tuck squatting or seated

- 002 A Back Entry Standing Straight

- 002 B Back Entry Standing Pike (Standing or Seated)

- 002 C Back Entry Tuck – (Squatting or Seated)